

# Reflection coupling and Wasserstein contractivity without convexity

Andreas Eberle

*University of Bonn, Institute for Applied Mathematics, Endenicher Allee 60, 53115 Bonn, Germany*

---

## Abstract

We note that even if convexity of the potential  $U$  fails locally, overdamped Langevin diffusions in  $\mathbb{R}^d$  are contractions w.r.t. the Kantorovich-Rubinstein-Wasserstein distance based on an appropriately chosen concave distance function equivalent to the Euclidean distance. The choice of the distance function is then optimized to obtain a large exponential decay rate. The results yield dimension-independent bounds of optimal order in  $R, L \in [0, \infty)$  and  $K \in (0, \infty)$  if  $(x - y) \cdot (\nabla U(x) - \nabla U(y))$  is bounded from below by  $-L|x - y|^2$  for  $|x - y| < R$  and by  $K|x - y|^2$  for  $|x - y| \geq R$ .

## Résumé

**Couplage de réflexion et contractivité de Wasserstein sans convexité.** On considère diffusions de Langevin sur  $\mathbb{R}^d$  dans un potentiel  $U$  non convexe dans un ensemble borné. À l'aide du couplage de réflexion, on observe que ces diffusions sont des contractions pour la distance de Kantorovich-Rubinstein-Wasserstein basée sur une distance concave appropriée, équivalente à la distance Euclidienne. Le choix de la distance est optimisé pour obtenir un grand taux de décroissance exponentielle. Les résultats impliquent bornes optimales pour  $R, L \in [0, \infty)$  et  $K \in (0, \infty)$ , indépendamment de la dimension, sous la condition que  $(x - y) \cdot (\nabla U(x) - \nabla U(y))$  est borné inférieurement par  $-L|x - y|^2$  pour  $|x - y| < R$  et par  $K|x - y|^2$  pour  $|x - y| \geq R$ .

---

## 1. Introduction

Consider a diffusion process  $(X_t)_{t \geq 0}$  in  $\mathbb{R}^d$  defined by a stochastic differential equation

$$dX_t = b(X_t) dt + \sigma dB_t. \quad (1)$$

Here  $(B_t)_{t \geq 0}$  is a  $d$ -dimensional Brownian motion,  $\sigma \in \mathbb{R}^{d \times d}$  is a constant  $d \times d$  matrix with  $\det \sigma > 0$ , and  $b : \mathbb{R}^d \rightarrow \mathbb{R}^d$  is a locally Lipschitz continuous function. We assume that the unique strong solution of (1) is non-explosive, which is essentially a consequence of the assumptions imposed further below.

---

*Email address:* eberle@uni-bonn.de (Andreas Eberle).

The transition kernels of the diffusion process on  $\mathbb{R}^d$  defined by (1) will be denoted by  $p_t(x, dy)$ . We are interested in upper bounds for Kantorovich-Rubinstein-Wasserstein distances of the distributions  $\mu p_t$  and  $\nu p_t$  at a given time  $t \geq 0$  w.r.t. two different initial distributions  $\mu$  and  $\nu$ .

*Example 1 (Overdamped Langevin dynamics)* Suppose  $\sigma = I_d$  and  $b(x) = -\frac{1}{2}\nabla U(x)$  for a function  $U \in C^2(\mathbb{R}^d)$  that is strictly convex (i.e.  $\nabla^2 U \geq K \cdot I_d$  for some  $K > 0$ ) outside a given ball  $B \subset \mathbb{R}^d$ . Then  $Z := \int \exp(-U(x))dx < \infty$ , and  $d\mu := Z^{-1} \exp(-U) dx$  is a stationary distribution for the diffusion process  $(X_t)$ . The results below imply upper bounds for the  $L^1$  Wasserstein distances between the law  $\nu p_t$  of  $X_t$  and  $\mu$  for an arbitrary initial distribution  $\nu$  and  $t \geq 0$ .

A coupling by reflection of two solutions of (1) with initial distributions  $\mu$  and  $\nu$  is a diffusion process  $(X_t, Y_t)$  with values in  $\mathbb{R}^{2d}$  defined by  $(X_0, Y_0) \sim \eta$  where  $\eta$  is a coupling of  $\mu$  and  $\nu$ ,

$$\begin{aligned} dX_t &= b(X_t) dt + \sigma dB_t && \text{for } t \geq 0, \\ dY_t &= b(Y_t) dt + \sigma(I - 2e_t e_t^\top) dB_t && \text{for } t < T, \quad Y_t = X_t \quad \text{for } t \geq T. \end{aligned} \quad (2)$$

Here  $e_t e_t^\top$  is the orthogonal projection onto the unit vector  $e_t := \sigma^{-1}(X_t - Y_t)/|\sigma^{-1}(X_t - Y_t)|$ , and  $T = \inf\{t \geq 0 : X_t = Y_t\}$  is the coupling time, i.e., the first hitting time of the diagonal  $\Delta = \{(x, y) \in \mathbb{R}^{2d} : x = y\}$ , cf. [5,1]. The reflection coupling can be realized as a diffusion process in  $\mathbb{R}^{2d}$ , and the marginal processes  $(X_t)_{t \geq 0}$  and  $(Y_t)_{t \geq 0}$  are solutions of (1) w.r.t. the Brownian motions  $B_t$  and  $\tilde{B}_t = \int_0^t (I_d - 2I_{\{s < T\}} e_s e_s^\top) dB_s$ . The difference vector  $Z_t := X_t - Y_t$  solves the s.d.e.

$$dZ_t = (b(X_t) - b(Y_t)) dt + 2|\sigma^{-1}Z_t|^{-1}Z_t dW_t \quad \text{for } t < T, \quad Z_t = 0 \quad \text{for } t \geq T, \quad (3)$$

w.r.t. the *one-dimensional* Brownian motion  $W_t = \int_0^t e_s^\top dB_s$ .

Lindvall and Rogers [5] introduced coupling by reflection in order to derive upper bounds for the total variation distance of the distributions of  $X_t$  and  $Y_t$  at a given time  $t \geq 0$ . Here we are instead considering the Kantorovich-Rubinstein ( $L^1$ -Wasserstein) distances

$$W_f(\mu, \nu) = \inf_{\eta} \int d_f(x, y) \eta(dx dy), \quad d_f(x, y) = f(\|x - y\|) \quad (x, y \in \mathbb{R}^d), \quad (4)$$

of probability measures  $\mu, \nu$  on  $\mathbb{R}^d$ , where the infimum is over all couplings  $\eta$  of  $\mu$  and  $\nu$ ,  $f : [0, \infty) \rightarrow [0, \infty)$  is an appropriately chosen concave increasing function with  $f(0) = 0$ , and  $\|z\| = \sqrt{z \cdot Gz}$  with  $G \in \mathbb{R}^{d \times d}$  symmetric and strictly positive definite. Typical choices for the norm are the Euclidean norm  $\|z\| = |z|$  and the intrinsic metric  $\|z\| = |\sigma^{-1}z|$  corresponding to  $G = I_d$  and  $G = (\sigma\sigma^\top)^{-1}$  respectively.

## 2. Results

Similarly to Lindvall and Rogers [5], we define for  $r \in (0, \infty)$ :

$$\kappa(r) = \inf \left\{ -2 \frac{|\sigma^{-1}(x - y)|^2}{\|x - y\|^2} \frac{(x - y) \cdot G(b(x) - b(y))}{\|x - y\|^2} : x, y \in \mathbb{R}^d \text{ with } \|x - y\| = r \right\}.$$

Note that the factor  $|\sigma^{-1}(x - y)|^2/\|x - y\|^2$  equals 1 if  $\|\cdot\|$  is the intrinsic metric. In Example 1 with  $G = I_d$ , we have  $\kappa(r) = \inf \left\{ \int_0^1 \partial_{(x-y)/|x-y|}^2 U((1-t)x + ty) dt : x, y \in \mathbb{R}^d \text{ s.t. } |x - y| = r \right\}$ . We assume from now on that  $\liminf_{r \rightarrow \infty} \kappa(r) > 0$ , and we define constants  $R_0, R_1 \in [0, \infty)$  with  $R_0 \leq R_1$  by

$$R_0 = \inf\{R \geq 0 : \kappa(r) \geq 0 \forall r \geq R\}, \quad R_1 = \inf\{R \geq R_0 : \kappa(r)R(R - R_0) \geq 8 \forall r \geq R\}.$$

We consider the particular distance function  $d_f(x, y) = f(\|x - y\|)$  given by

$$f(r) = \int_0^r \varphi(s)g(s) ds, \quad \varphi(r) = \exp\left(-\frac{1}{4} \int_0^r s\kappa(s)^- ds\right), \quad g(r) = 1 - \frac{1}{2} \frac{\int_0^{r \wedge R_1} \frac{\Phi(s)}{\varphi(s)} ds}{\int_0^{R_1} \frac{\Phi(s)}{\varphi(s)} ds}, \quad (5)$$

where  $\Phi(r) = \int_0^r \varphi(s) ds$ . Note that  $\Phi$  and  $f$  are concave, because  $\varphi$  and  $g$  are decreasing. Moreover,  $\Phi(r)/2 \leq f(r) \leq \Phi(r)$  for any  $r \geq 0$ . Hence  $d_f$  and  $d_\Phi$  as well as  $W_f$  and  $W_\Phi$  differ at most by a factor 2. The choice of  $f$  is obtained by trying to maximize the decay rate of  $W_f$ , cf. the proof below.

**Theorem 1** *Let  $\alpha := \sup\{|\sigma^{-1}z|^2 : z \in \mathbb{R}^d \text{ with } \|z\| = 1\}$ , and define  $c \in (0, \infty)$  by*

$$\frac{1}{c} = \alpha \int_0^{R_1} \Phi(s)\varphi(s)^{-1} ds = \alpha \int_0^{R_1} \int_0^s \exp\left(\frac{1}{4} \int_t^s u\kappa(u)^- du\right) dt ds. \quad (6)$$

*Then for  $d_f$  given by (4) and (5), the function  $t \mapsto e^{ct}\mathbb{E}[d_f(X_t, Y_t)]$  is decreasing on  $[0, \infty)$ .*

The theorem yields exponential contractivity at rate  $c > 0$  for the transition kernels  $p_t$  of (1) w.r.t. the Kantorovich-Rubinstein-Wasserstein distance  $W_f$ . Moreover, it implies upper bounds for the standard KRW distance  $W = W_{\text{id}}$  w.r.t. the distance function  $d(x, y) = \|x - y\|$ :

**Corollary 2.1** *For any  $t \geq 0$  and any probability measures  $\mu, \nu$  on  $\mathbb{R}^d$ ,*

$$W_f(\mu p_t, \nu p_t) \leq e^{-ct} W_f(\mu, \nu), \quad \text{and} \quad W(\mu p_t, \nu p_t) \leq 2\varphi(R_0)^{-1} e^{-ct} W(\mu, \nu). \quad (7)$$

The second estimate follows from the first, because  $\varphi(R_0)\|x - y\|/2 \leq d_f(x, y) \leq \|x - y\|$  for any  $x, y \in \mathbb{R}^d$ . For the Wasserstein mixing times, the corollary yields the upper bound

$$\tau_W(\varepsilon) := \inf\{t \geq 0 : W(\mu p_t, \nu p_t) \leq \varepsilon W(\mu, \nu) \forall \mu, \nu\} \leq c^{-1} \log(2/(\varepsilon\varphi(R_0))) \quad \text{for any } \varepsilon > 0.$$

**Proof of Theorem 1.** Let  $r_t = \|Z_t\| = \|X_t - Y_t\|$ . By (3) and Itô's formula,

$$df(r_t) = 2|\sigma^{-1}Z_t|^{-1} r_t f'(r_t) dW_t + r_t^{-1} Z_t \cdot G(b(X_t) - b(Y_t)) f'(r_t) dt + 2|\sigma^{-1}Z_t|^{-2} r_t^2 f''(r_t) dt \quad (8)$$

a.s. for  $t < T$ . The drift is bounded from above by  $B_t := 2|\sigma^{-1}Z_t|^{-2} r_t^2 (f''(r_t) - r_t \kappa(r_t) f'(r_t)/4)$ . We show that by our choice of  $f$ , this expression is smaller than  $-cf(r_t)$ . Indeed, for  $r < R_1$ ,

$$f''(r) = -\frac{1}{4} r \kappa(r)^- \varphi(r) g(r) - \frac{1}{2} \Phi(r) \left/ \int_0^{R_1} \frac{\Phi(s)}{\varphi(s)} ds \right. \leq \frac{1}{4} r \kappa(r) f'(r) - \frac{1}{2} f(r) \left/ \int_0^{R_1} \frac{\Phi(s)}{\varphi(s)} ds \right. \quad (9)$$

For  $r \geq R_1$ , we have  $f'(r) = \varphi(r)/2 = \varphi(R_0)/2$  and  $\kappa(r)R_1(R_1 - R_0) \geq 8$  by definition of  $R_1$ , whence

$$\begin{aligned} f''(r) - \frac{1}{4} r \kappa(r) f'(r) &\leq -\frac{1}{8} r \kappa(r) \varphi(R_0) \leq -\frac{\varphi(R_0)}{R_1 - R_0} \cdot \frac{r}{R_1} \leq -\frac{\varphi(R_0)}{R_1 - R_0} \cdot \frac{\Phi(r)}{\Phi(R_1)} \\ &\leq -\frac{1}{2} \Phi(r) \left/ \int_{R_0}^{R_1} \Phi(s)\varphi(s)^{-1} ds \right. \leq -\frac{1}{2} f(r) \left/ \int_0^{R_1} \Phi(s)\varphi(s)^{-1} ds \right. \end{aligned} \quad (10)$$

Here we have used that for  $r \geq R_0$ , we have  $\varphi(r) = \varphi(R_0)$ ,  $\Phi(r) = \Phi(R_0) + (r - R_0)\varphi(R_0)$ , and hence

$$\begin{aligned} \int_{R_0}^{R_1} \Phi(s)\varphi(s)^{-1} ds &= \int_{R_0}^{R_1} (\Phi(R_0) + (s - R_0)\varphi(R_0))\varphi(R_0)^{-1} ds = \frac{\Phi(R_0)}{\varphi(R_0)}(R_1 - R_0) + \frac{1}{2}(R_1 - R_0)^2 \\ &\geq (R_1 - R_0)(\Phi(R_0) + (R_1 - R_0)\varphi(R_0))\varphi(R_0)^{-1}/2 \geq (R_1 - R_0)\Phi(R_1)\varphi(R_0)^{-1}/2. \end{aligned}$$

By (9) and (10), we conclude that  $B_t \leq -cf(r_t)$ . Optional stopping in (8) at  $T_k = \inf\{t \geq 0 : r_t \notin (k^{-1}, k)\}$  now implies  $\mathbb{E}[f(r_t); t < T_k] \leq -c \int_0^t \mathbb{E}[f(r_s); s < T_k] ds$  for any  $k \in \mathbb{N}$  and  $t \geq 0$ . The assertion follows for  $k \rightarrow \infty$  since  $r_t = 0$  for  $t \geq T$ , and  $T = \sup T_k$  by non-explosiveness.  $\square$

**A first application.** To illustrate that the bounds derived above are fairly sharp, let us suppose that  $\kappa(r) \geq -L$  for  $r \leq R$  and  $\kappa(r) \geq K$  for  $r > R$  with constants  $R, L \in [0, \infty)$  and  $K \in (0, \infty)$ . Then, since  $\varphi(r) = \varphi(R_0)$  and  $\Phi(r) = \Phi(R_0) + (r - R_0)\varphi(R_0)$  for  $r \geq R_0$ ,

$$\alpha^{-1}c^{-1} = \int_0^{R_1} \Phi(s)\varphi(s)^{-1} ds = \int_0^{R_0} \Phi(s)\varphi(s)^{-1} ds + (R_1 - R_0)\Phi(R_0)\varphi(R_0)^{-1} + (R_1 - R_0)^2/2. \quad (11)$$

The lower bounds on the function  $\kappa$  imply the upper bounds  $R_0 \leq R$ ,  $R_1 - R_0 \leq \min(8/(KR_0), \sqrt{8/K})$ ,  $\Phi(r)\varphi(r)^{-1} \leq \int_0^r \exp(L(r^2 - t^2)/8) dt \leq \min(\sqrt{2\pi/L}, r) \exp(Lr^2/8)$  for  $r \leq R_0$ , and

$$\int_0^{R_0} \Phi(r)\varphi(r)^{-1} dr \leq \begin{cases} 4L^{-1}(\exp(LR_0^2/8) - 1) \leq (e - 1)R_0^2/2 & \text{if } LR_0^2/8 \leq 1, \\ 8\sqrt{2\pi}L^{-3/2}R_0^{-1} \exp(LR_0^2/8) & \text{if } LR_0^2/8 \geq 1. \end{cases}$$

Combining these estimates, we obtain by (11),

$$\alpha^{-1}c^{-1} \leq \begin{cases} (e - 1)R^2/2 + e\sqrt{8/K}R + 4/K \leq (3e/2) \max(R^2, 8/K) & \text{if } LR_0^2/8 \leq 1, \\ 8\sqrt{2\pi}R^{-1}L^{-1/2}(L^{-1} + K^{-1}) \exp(LR^2/8) + 32R^{-2}K^{-2} & \text{if } LR_0^2/8 \geq 1. \end{cases}$$

In the first case,  $c$  is at least of order  $\min(R^{-2}, K)$ . Even if  $L = 0$  (convex case), this order can not be improved as one-dimensional Langevin diffusions with potential  $U(x) = Kx^2/2$ , or, respectively, with vanishing drift on  $(-R/2, R/2)$  demonstrate. In the second case ( $LR_0^2 \geq 8$ ), if  $K \geq \text{const} \cdot L$  then the upper bound for  $c^{-1}$  is of order  $R^{-1}L^{-3/2} \exp(LR^2/8)$ . This order in  $R$  and  $L$  is again optimal:

*Example 2 (Double-well with  $U''(x) = -L$  for  $|x| \leq R/2$ )* Consider a Langevin diffusion in  $\mathbb{R}^1$  with a symmetric potential  $U \in C^2(\mathbb{R})$  satisfying  $U(x) = -Lx^2/2$  for  $x \in [-R/2, R/2]$ ,  $U'' \geq -L$ , and  $\liminf_{|x| \rightarrow \infty} U''(x) > 0$ . If  $\|\cdot\|$  is the Euclidean norm then  $\kappa(r) = -L$  for  $r \in (0, R]$ . On the other hand,

$$\lim_{t \rightarrow \infty} t^{-1} \log P_{R/2}[T_0 > t] = -\lambda_1(0, \infty) \geq -(2e - 2)^{-1}(eL)^{3/2}R \exp(-LR^2/8) \quad \text{for } LR^2 \geq 4, \quad (12)$$

where  $T_0$  denotes the first hitting time of 0 for the process starting at  $R/2$ , and  $\lambda_1(0, \infty)$  is the lowest Dirichlet eigenvalue of the generator on  $(0, \infty)$ , cf. [3]. The bound for  $\lambda_1$  follows by inserting the function  $g(x) = \min(\sqrt{L}x, 1)$  into the variational characterization of the Dirichlet eigenvalue. By (12), the  $L^1$  Wasserstein distance  $W(\delta_{-R/2} p_t, \delta_{R/2} p_t)$  decays at most with a rate of order  $L^{3/2}R \exp(-LR^2/8)$ .

**Remark.** The idea to study Wasserstein contractivity w.r.t. concave distance functions goes back to Chen and Wang [2], where it is implicitly contained in the proofs. Indeed, in [2] and [6], Chen and Wang apply very similar methods to estimate spectral gaps of diffusion generators on  $\mathbb{R}^d$  and on manifolds. Related arguments have also been applied in [4] to quantify exponential ergodicity in infinite dimensional situations. The techniques presented have natural extensions to non-constant diffusion coefficients and diffusions on manifolds, Euler discretizations of s.d.e., and high and infinite dimensional diffusions (dimension-independent bounds) that will be studied in detail in forthcoming work.

## References

- [1] M.F. Chen, S.F. Li, Coupling methods for multidimensional diffusion processes, Ann. Probab. 17 (1989) 151–177.

- [2] M.F. Chen, F.-Y. Wang, Estimation of spectral gap for elliptic operators, *Trans. Amer. Math. Soc.* 349 (1997) 1239–1267.
- [3] M. Freidlin, *Functional integration and partial differential equations*, Princeton University Press, Princeton 1985.
- [4] M. Hairer, J.C. Mattingly, Spectral gaps in Wasserstein distances and the 2D stochastic Navier-Stokes equations, *Ann. Probab.* 36 (2008) 2050–2091.
- [5] T. Lindvall, L.C.G. Rogers, Coupling of multidimensional diffusions by reflection, *Ann. Probab.* 14 (1986) 860–872.
- [6] F.-Y. Wang, *Functional inequalities, Markov processes and spectral theory*, Science Press, Beijing 2004.